

MARCH 4, 1975

First Duty Today:

Vote in the school elections! School Board members are to be elected for the Elementary Schools, the High School, and the Community College. Also the High School District is seeking permission to raise revenues enough to keep up with inflation. Take a part in our democracy - VOYE!

Today's Program:

Chairman is Paul Davis. He will bring Earl Horton from the Santa Rosa Credit Bureau to explain the workings of that somewhat mysterious (to most of us) organization. Be sure to pay your fines fully and quickly today.

Last Week's Program:

was a pleasant switch to a fine program by Orosi High School's vocal music students who came here through the efforts of Bill Hayes. Bill had a pastorate at Orosi, a small town, about half the size of Healdsburg, near Fresno, in the grape and orange country. The group was on a Spring tour for which they had raised the funds themselves by various projects. They had given two programs in Tracy before coming here to sing before us, the schools, and in a program for the public. Orosi has a multi-votional and racial background and the camaraderie of the members was a lesson in the positive effects of blindness to racial and ethnic differences.

It seems that the Healdsburg Bicentennial Committee is on its way. Glenn Davis, as Kieanis representative, made a plea to us to begin work on a Kiwanis project, and incidentally raised a few dollars for the committee by selling Bicentennial lapel buttons.

The Board of Directors meets tonight at 7:30 at the home of Earl Osborn, 804 Josephine Lane. How about some make-ups?

Watch for an announcement from Ken Gonsalves on the Winery Tour!!

CLUB MEETINGS

Roger Christenson, Chairman

INTERCLUB RELATIONS

Walter Wright, Chairman Glen Davis William Kassin Bruno Rodella Frances Branern

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VOCATIONAL GUIDANCE

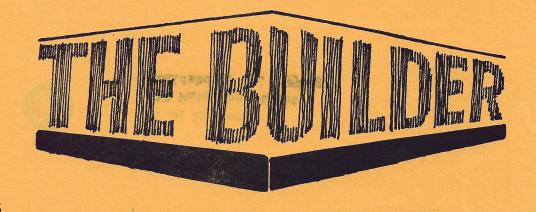
John Uboldi - Chairman Art McCaffrey Joe Cox Tom Conklin Gordon Barsuglia

CLUB SOCIAL ACTIVITIES

Waldo Iverson - Chairman Ken Gonsalves Bruno Rodella Robert Durler

PUBLISHED WEEKLY BY THE KIWANIS CLUB OF HEALDSBURG





MARCH 11, 1975

This Week's Program:

Chairman is Gary Williams who will bring Pete Waller, Recreation Director for the City of Healdsburg to tell us about some of the significant changes recently made in our communities recreation "set-up".

Last Chance Today:

to sign up for the Winery Tour scheduled for Saturday the 15th. Some changes in the program are being considered including a possible change to a Sunday trip, so talk about it with your girl friends.

Another Good Chance:

for an evening out comes on March 22nd when Santa Rosa celebrates its 50th Anniversary. We owe them a return of the support they gave us when we had our 50th anniversary night, besides the support due a club whose organization we sponsored.

Guests Last Week Were:

Major Clarence Graham from Santa Rosa Downtown Kiwanis, Mr. and Mrs. Ed Scherer and Charlie Del Fava. The latter were here for the presentation to Lee Scherer and Jeanette Del Fava of the trophy to first doubles winners in the Sonoma County Junior Bowling League Tournament. We are especially proud of the young people as they are products of the Kiwanis sponsored Healdsburg Junior League.

New Member:

inducted last week by Walt Wright and Fred Haley was "Ernie" Gondola. Ernie is a life-time resident of this area and operates the Gondola Insurance Company. He and his wife, Rose, have two children, ages 18 and 21. Ernie is espicially interested in sports and is a strong believer in the need for a community swimming pool. Welcome, Ernie!

Last Week:

Paul Davis brought Earl Horton of the Santa Rosa Credit Bureau. Mr. Horton talked about the collection work done by the credit bureau. He pointed out that laws are continually being tilted in favor of consumers, thus it has become a "let the seller beware" economy.

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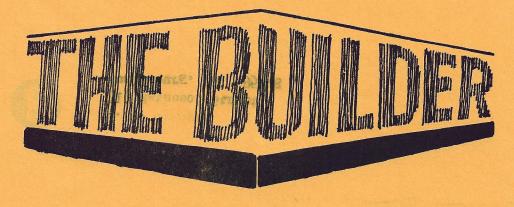
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MARCH 18, 1975

TODAYS PROGRAM Chairman is Chuck Reichel. He has arranged to have Dr. David Anderson, local internist, here to talk with us about "Diseases of the Heart".

LAST WEEK Kiwanians enjoyed a surprise visit of the Healdsburg High School Chorus which came to sing, beautifully, a few songs to call attention to last week's "Spring Thing" school program and to the fact that last Thursday was "Music in Schools" day. Pete Waller, Healdsburg's new director of Parks and Recreation, brought attention to two programs just beginning - the Senior Citizen's Drop In Center, and the Once a Week Girl's Program. The reorganized city recreation department should be better able to secure full use of the many facilities which already exist in town, and arrange for better maintenance of them.

KUDOS to our Social Committee for last Sunday's Winery Tour and for planning additional, interesting programs for the rest of the year. Sign-ups are now being taken for the Reno Tour Set for Saturday and Sunday, April 19 and 20. Space is limited to thirtyeight, so don't delay. See Bruno Rodella for details.

THE PANCAKE BREAKFAST date is coming fast. We should have tickets today for the April 12th event. This is our biggest money-raising event of the year. More details today from Roger Christenson.

LAST CHANCE today to get tickets for Santa Rosa Down-Town's 50th Anniversary "bash", Saturday night.

GET YOUR THINKING CAPS ON! Glenn Davis promises a penalty upon those of ponderous mentality who don't have an idea for a Kiwanis Project for the Bi-Centennial by next week.

DON'T FORGET YOUR ASSIGNMENT at tonight's basketball-wrestling dinner!!

COMING PROGRAMS:

March 25 - Official visit of Lt. Gov. Tom Miller.

April 1 - John Short - No fooling.

April 8 - Big Bad Don - this time for sure.

- Too often when you make it over the hump - you're over the hill -

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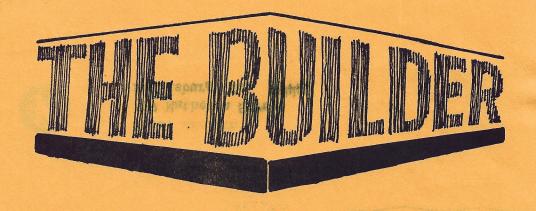
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TODAY is the time for Lt. Governor Tom Miller's Official Visit. We should show Tom the support due him from the Division's most outstanding club and have 100% attendance.

TODAY is also the time when each one of us should bring ideas to Glenn Davis for our Kiwanis project to be part of Healdsburg's Centennial Observance. Write your suggestion down for Glenn and avoid having your mind activated by a \$fine .

LAST week's program by Dr. David Anderson and Physician's Assistant, Steve Sommer, on Heart Disease was outstanding. Among the points made by Dr. Anderson, one of the most striking was that although it is simple to lower the chance of heart attack, 60% of a group, such as ours, will die from a stroke or heart attack. The six leading causes being:

- 1. High blood pressure.
- 2. Smoking.
- 3. Excessive cholesterol.
- 4. Overweight.
- 5. Lack of exercise,
- 6. Diabetes.

All of which can be corrected except, possibly, diabetes. Anybody can improve his chances of avoiding a heart attack by a little knowledge and self-discipline.

TICKETS for the raffle to create interest and to raise money for our Golf Tournament, to help Juniors, are out. Those who don't pay Glenn for them, this week, will be billed when 3rd quarter billings are made, soon. Also to be included in the billing will be the cost of the first ten Pancake Breakfast tickets which should be out today. The Breakfast is less than three week's away!!

ONLY 36 can be accommodated on the trip to Tahoe, set for April 19 and 20. Bruno will take your reservation and your money by April 1st. Don't wait too long!!

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THE MAN WHO thinks he knows it all is a pain in the neck to those of us who really do.

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OFFICIAL MONTHLY REPORT

Note: This report should be reviewed by your Board of Directors.

This report should be forwarded so as to be postmarked no later than the 10th of the succeeding month. This report consists of four copies. Instructions for mailing will be found at the end of each copy.

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Plus APS additions this month*: Active					overuloza A .		Dollars Spent: Index		
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DATES	CLUB MEETING PROGRAMS (Active Members Only) (on dates indicated in far left column)								
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3-11	59	49	2	3	Pete Maller - Recreation Department				
3-18	59	41	3	10	Dr.David Anderson - Diseases of the Heart				
3-25	59	36	3	13	Tom Miller, Lt. Gov. Dist.#32				
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other Administrative ACHIEVEMENTS (publicity, inductions, fund-raising, membership prospects, new club building, attendance at conventions or conferences, special events, etc.) or CONCERNS (matters requiring the attention of the lieutenant governor or district office):

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SERVICES RENDERED BY THE CLUB

On this page, report only services rendered by the club. A single sentence indicating the service rendered and to whom it was rendered (individual, group, organization, community-at-large, etc.) is adequate for each service project. (Longer reports of service projects of an exceptional nature are welcomed as attachments.) Do not report on this page: invocations before meals, committee meetings or committee plans, or sponsorship of club meeting programs unless a club service is thereby rendered and this service and to whom it was rendered are clearly identified. In each category (Support of Spiritual Aims, Youth Services, Citizenship Services), number the projects consecutively. Indicate manhours and funds

SUPPORT OF SPIRITUAL AIMS Report in this section only services rendered as a result of projects initiated by the Committee on Support of Spiritual Aims.

YOUTH SERVICES

Report in this section only other services rendered to local children and youth, exclusive of administrative sponsorship of Circle K and/or Key Clubs. Drug abuse education of youth Youth recognition "You and the Law" distribution Examples: Scout sponsorship Baseball leagues Health care for needy children Joint service projects with youth Career guidance Aid to handicapped children

Held a "Backetball Ayards Dinner" for Healdsburg Sr. Hi-School. Dinner served by club members to the team players, friends & parents (This project also included the Wrestling Team awards).

Continuous support of Reg Secuts Troup 21 and their activities.

CITIZENSHIP SERVICES

Report in this section all other services rendered by the club, including but not limited to: agriculture, conservation, environment, pollution control, public and business affairs, international relations, and safety.

Examples: Community beautification Contributions to CARE, etc.

Rural-urban relations Highway safety

Intl. youth exchange Community forums

Voter education Mental health

Drug education for adults Assistance to the aging

Committee "Senior Citizen Aid & Activities" formed for active participation of 1980224 entire membership to help "Shut-Ine".

MAJOR EMPHASIS PROGRAM: For Major Emphasis Program credit, encircle the numbers of any of the above projects-regardless of the club committee which initiated them—which had as their object services to the aging, involvement of the aging, association with the aging, pre-retirement counseling, etc. (The Greater Years program) and those on behalf of children with learning disabilities or health needs (The Younger Years program).

SPONSORED YOUTH ORGANIZATIONS (Circle K and/or Key Clubs)

Number of Key Clubs sponsored: ____ Number of Circle K Clubs sponsored: Have 1974-75 financial obligations (dues or maintenance fees) been paid by the above Circle K and/or Key Club(s):

____ Key Club _____ To district: Circle K ____ Key Club_ (Enter yes or no) To International: Circle K ___

Use the rest of this space to provide information or judgment which reflects the health or lack of health of (1) the sponsored youth club-Kiwanis club

relationship and of (2) the separate youth organization(s) itself:

Edward

Secretary

This copy to be retained for your files.

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