



October 2019

Volume 96 No. 1

New Club Officers Installed During Festive Evening



Lt. Governor Pennylee Christensen administers oath to incoming Healdsburg Kiwanis Club officers, Secretary Liz Bippart, President Terry Kemp and Vice President Anna Grant and presents Certificates of Appreciation to retiring copresidents Dick Bugarske, Susan Sheehy, Jan Gianni and Loretta Strong

In a festive evening shindig, themed Kiwanis Rocks, club officers for the year, 2019/2020, were installed by Lt. Governor Pennylee Christensen at our September 24 evening meeting at the Villa Annex.

Taking the gavel from outgoing copresident Susan Sheehy, was 2019/20 President Terry Kemp. Serving with her will be the new VP/president elect Anna Grant. Other officers installed were Liz Bippart (continuing) secretary, project treasurer Ron Doble (Continuing), administrative treasurer Dick Bugarske (continuing) Darlene Prigmore assistant admin. treasurer and Loretta Strong immediate past president.

New Board of Directors members installed for a two-year term are Susan Sheehy, Jerry Strong, Eric Smith and Cody Thompson. Current members remaining on the Board for a one-year term are Anita Kratka, Anna Grant, Bob Santucci and Jan Gianni.

Completing two years of service are retiring Board members Cindy Schwartz, Cindi Brown, Roger Dormire and Richard Yates.

Outgoing copresident Loretta Strong in her final remarks, reflected on achieving the 3M's during the past year: Membership, Marketing and Measurement. Membership: Only 2 new members, but quality beats quantity. Marketing: New badges, new business cards, hats off to Barbara Erickson and Dick Bugarske for developing a new member's handbook. Measurement (achievements): Establishing Healdsburg Kiwanis Foundation/501(c)3, First Annual Hall of Fame, hosting Mid-Year Conference, new float in FFA parade thanks to Cody Thompson, hosting governor's visit at Robert Young Winery thanks to Susan Sheehy, music in the plaza thanks to Lucy Lewand, overfunding the safety fair and Jim Schmidt throwing out the first pitch at the Prune Packers final game of the season.

Terry in her acceptance talked about rocks, see Presidents Message, page 2.

Calendar

Meeting Dates:

Oct 1. Regular Meeting at 12 noon at Villa Annex – Program TBD.

Oct 8: Regular Meeting at 12 noon at Villa Annex – Program TBD.

Oct 15: Regular Meeting at 12 noon at Villa Annex – Program TBD.

Oct 22: Regular Meeting at 12 noon at Villa Annex – Program TBD.

Oct 24: Board of Directors meeting, 6:00 p.m. Round Table Pizza.

Oct 29: Evening at Villa Annex – Halloween theme – costumes encouraged. Halloween games, bring quarters

Other October Dates

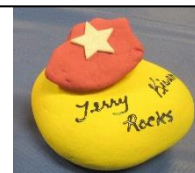
Oct 5: Santa Rosa Kiwanis Omelet Breakfast, 7:30-11:30 am.

Oct 5: Cloverdale Kiwanis Oktoberfest, 12-7 pm.

The Healdsburg Kiwanis Club meets Tuesday noon at the Villa Chanticleer Annex except the fourth Tuesday of the month is an evening meeting, 6:30 PM Social, 7:00 PM Meeting.

For information about the Healdsburg Kiwanis Club Contact Terry Kemp, President at (707) 272-8849 or Liz Bippart, secretary at 227-4314.

Kiwanis ----- Serving the Children of the world®



More photos on Page 6.

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Healdsburg Kiwanis Club
Box 1156, Healdsburg, CA
95448**

www.healdsburgkiwanis.org

OFFICERS 2019 – 2020

President – Terry Kemp
President Elect – Anna Grant
Secretary - Liz Bippart
Admin. Treasurer- Richard Bugarske
Project Treasurer - Ron Doble
Past President – Loretta Strong

Board of Directors

Anita Kratka Susan Sheehy
Anna Grant Jerry Strong
Jan Gianni Eric Smith
Bob Santucci Cody Thompson

Memorial Scholarship

Board of Directors

Dan Maraviglia, Chair
John (Jack) Brandt Randy Collins
Ron Doble Guy French
Vern Losh Dennis Stead

The Builder

Harry Jackson, Editor
Kelly Blanchard, Facebook
Arnold Santucci, Sr. Advisor
Richard Iverson, Member

Happy Birthday

Dennis Stead – Oct. 7
Tim Tuscany – Oct. 11
Chrystal Silva – Oct. 18
Lucy Lewand – Oct. 21
Sharon Gallagher – Oct.21
Dan Gianni – Oct. 27
Patti Robarts – Oct. 27
Barbara Erickson – Oct. 29
Lee Gunnerson – Oct. 30

Kiwanis Anniversaries

Congratulations to the following
members who joined the Kiwanis Club
during the month of October:

Paulene Rogers – 10-3-17
Hugo Bauer - 10-15-96
Dana Burwell - 10-20-92
Liz Bippart – 10-22-13
Rick Wood - 10-23-12
Charles Reichel - 10-24-74
Jan Gianni - 10-27-09
James Luchessi - 10-30-01

The President’s Message

WOW,

What a wonderful installation. Healdsburg Kiwanis really does Rock. A big shout out to Cindy S for all of the painted rocks, outstanding. The cherry pie was fabulous and the salmon was divine. For those of you that weren't there the theme was Healdsburg Kiwanis rocks.

Most of you know that I collect rocks. People bring them to me from far and wide. Rocks can also be interpreted as Rock stars (you all are) which was also represented by various members. I love Rocks because they are tough and that is what you use for a strong foundation. Each rock is unique and when you put them together, it creates a beautiful mosaic that lasts. My goal for this year is to keep taking care of the rocks that have been with us for a long time and have earned their place as the true foundation as well as the possibility of new rocks coming along and adding to the beauty and design. Soon we will celebrate our 96th birthday. What an accomplishment.

Thank you to the four Amigos (Loretta, Dick, Jan and Susan) for a great year. You have definitely set the Bar high. I am so excited about our upcoming year together. It will be a fun ride. Please feel free to reach out to me with any ideas or suggestions. We are in this together. Anna and I will be working closely together over this year so hang onto your hats, it will be quite a ride.

I am honored to be part of this group and I am so glad that I have found my people.

HERE WE GO!!!!!!!

Terry

Leroy’s Limericks

This year our President setup has been strange,
Three ladies, one man we did finally arrange,
They have done good and more,
I call them our own Fab Four,
So thanks to them all as we return to normal range.

Rhyme with Kemp – only Hemp – so Terry,
To her the president’s job is not scary,
She takes over once more,
She’s been there often before,
So I’ll bet our meetings will be merry.



Past, present and future presidents

Board of Directors Meeting

Summarized from minutes by Liz Bippart

The following is a summary of actions taken and items discussed during the September 2019 Board meeting:

Administration Management

Financials

- Brandt's Beach BBQ has netted between \$2,200-\$2,400.
- Annual Kiwanis dues are due in December. We may need to borrow from Reserve Fund if necessary.

Old Business

- 51 new name tags were purchased for a cost of \$455.40.

New Business

- Jan and Cindy are organizing Terry's Installation Dinner. The theme: K Rocks!
- A budget meeting will be held on October 1st, 5 PM at Bear Republic.

Membership

- Lee Gunnerson's request to change to senior status was approved.
- The new Kiwanis business cards are ready for pickup.

Healdsburg Kiwanis Foundation

Grants/Donations/Requests

- None in September.

Financials

- Total assets: \$101,000 with \$68,000 in Reserve Funds, and \$19,000 left over in the Project Fund.

Committee Reports

- Tim Flannery Concert: a full day of activities is being planned for all ages to enjoy.
- Hall of Fame: 4 candidates have been selected for this year's event scheduled for November 10th: Graham Haun - '76, Jenean "Sceales" Bingham - '81, Jackie "Henderson" Sellards -

'88, and Kenny Dixon - '98. All candidates excelled in school, sports and community involvement.

Meeting Programs

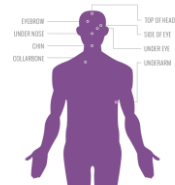
Sep 3: Beyrl Ryan RN, Certified EFT Practitioner.

EFT stands for Emotional Freedom Technique, also called Tapping. In a very informative presentation Beryl described the ETF process and its benefits.

ETF is acupuncture without needles. The acupuncture *meridians*, discovered by the Chinese 5,000 years ago, act like energy circuits conducting currents of energy throughout our bodies. If these circuits are disrupted, emotional and/or physical discomfort is experienced. Tapping - EFT uses light "tapping" with fingertips on certain points along the *meridians* to clear the disruption, allowing energy to flow freely. This process reduces or eliminates physical pain and negative emotion.

Beryl demonstrated the technique consisting of:

- Step 1, identifying a problem statement "Even though (*the problem*), I deeply and completely love and accept myself."
- Step 2, physically "tap" lightly on 9 *meridian* points on the face and upper body while saying a "reminder phrase". This helps keep your mind focused on "the problem" while allowing your energy system to return to normal at the same time. This allows your "problem" or "memory" to be neutralized and no longer disturb you or effect your life in negative ways.



Step 3, healing occurs.

www.tapwithin.com

Sep 10: Alex Dominquez - Key Club Copresident

Alex joined us at our September 10 lunch meeting and updated us on Key Club activities and his personal involvement.



Alex recently attended a First Gen program

at Georgetown University in Washington DC. First-generation college students are individuals whose parents do not hold a degree from a four-year college or university. The program helps ensure success for students who are the first in their family to attend college. The visit to DC was especially meaningful for Alex since he is very into government and is considering a career in law or politics. The program activities were very educational in learning the complexities of our government and how it works. The visit was topped off by meeting James Comey and shaking hands with Senator Ted Cruz.

Alex's focus as Key Club Copresident is to develop and maintain a close relationship with our club to better serve the community.

Sep 17: Nancy Brown, PHD Community Preparedness Program Manager

The Sonoma County Department of Emergency Management is responsible for the mitigation, preparedness, planning, coordination of response, and recovery activities related to county emergencies and disasters.

Ms. Brown's informative presentation included a refresher on emergency preparedness, an update on what's happening and brainstorming how we can work together to improve everyone's preparedness.

What can you do?

- Stay informed. Sign up for SoCoAlert and/or NOAA emergency Alert.
- Make a plan. Consider all the what ifs.
- Have a kit (Go Bag).

The Go Bag should include:

- Food and water.
- A change of clothes and sturdy shoes.
- Battery powered radio and flashlight.
- Medications and copies of all prescriptions
- Copies of important documents (e.g. ID, insurance cards, deeds).
- Extra eyeglasses, batteries for hearing aids.
- Credit cards, ATM, and cash.

Socoemertency.org/home/prepare/get.ready

Safety Fair



Saturday September 28 was a beautiful but very windy fall day for the very successful third annual Kiwanis Safety Fair held in partnership with groups shown above. Over 500 children, parents and other participants enjoyed demonstrations and learning about safety from the various participating groups.

Safety Fair Participants

- Healdsburg Fire Department – Fire Safety House Tours & Fire Extinguisher Training.
- California Highway Patrol – Certified Child Car Seat Installations.
- The Red Cross – Disaster preparedness information.
- Save Lives Sonoma.
- Healdsburg Police Department - Children's ID, Identity Theft, Shredding services.
- CALFIRE - Wildfire Preparedness
- The Sonoma County Bike Coalition - Bike Workshop/Rodeo - free helmets.
- Spoke Folk Cyclery - Free bike repairs.
- ATT.
- Healdsburg Electric Department - electrical safety demonstrations.
- Bell's Ambulance - Free Blood Pressure checks.
- P G & E - Gas Safety.
- The Free Bookmobile of Sonoma County.
- Dolly Parton Imagination Library sign-ups sponsored by Rotary.
- El Corazon of Healdsburg – Sign-ups for census, Community Outreach.
- Alliance Medical Clinic – Free flu shots.
- Soluna Outreach Solutions
- PDI Medical
- Zero Waste Sonoma
- Agave Mexican Restaurant served lunch for 400 participants.

Thanks to our generous partners:

Wine Country to the Rescue	\$5,000
Kiwanis Cal-Nev-Ha Fnd. Grant	\$1,125
So-Fi for 100 helmets	\$796
AT & T	\$1,000
Corazon Healdsburg	\$1,000
Healdsburg Kiwanis pledge	<u>\$2,500</u>
TOTAL	\$11,421

Expenses are to be determined, but it is clear that the event was overfunded, and the leftover funds will be available for next year.

Photos on page 7

Birthdays



Sharon Gallagher, Eric Smith & Patti Roberts

Eric asked his favorite girlfriends, Sharon and Patti to sing a special happy birthday song. He donated \$28 in payment. The younger guys get off easy.

Interclubs

Cloverdale Installation at River Rock Casino, September 21



\$\$ Happy/Sad \$\$

Anna Grant happy to celebrate 2nd wedding anniversary.

Patti Roberts (and others) happy to see Rich Thomas back.

Denny Stead happy for the successful Brandt's Beach BBQ.

Terry Kemp happy she and Pennylee were corn hole champions at the BBQ.

Jerry Strong happy that Loretta is returning from her visit to Australia. Also, thanks for "allowing me to be a member of this club for 29 years."

Patti Roberts happy to have won Best in Show for her spinach salad at the Harvest Fair.

Roger Dormire sad that Kaiser docs took 5 1/2 weeks to decide whether or not he needed back surgery. The yeses won out and surgery is schedule for early October. Good luck Roger!

Denny Stead sad that former Healdsburg Kiwanian Ted Etherege is terminally ill. Denny visited Ted in Tucson recently. Ted passed away a few days later.



Patti's award-winning salad served at our September 10 lunch meeting

2019/2020 Installation Photos



**New Board member
Eric Smith**
Attended briefly, but could not stay –
on duty during red flag day



Harry Jackson
Newsletter of the Year Award
For Creating One of the Best
Kiwanis Newsletters in
California, Nevada and Hawaii

**Lt. Gov. Pennylee
presents certificates of
appreciation to incoming
and outgoing presidents.**



President Terry



The Fab 4 retiring copresidents



Randy Collins
Safety Fair Revival Award
For Bringing the Safety Fair on
the Brink of Extinction to a Bigger
and Better Version for 2019



Denny Stead
Event Coordinating Guru Award
For Being the driving force
behind Brandt's Beach, The
Steelhead Festival & the FFA
Fair Booth Events



Anna Grant
The Future is Right Around the
Corner Award
For Seeing into the Future and
Helping our Club Prepare a
pathway Forward



Nancy Arsenault
Key Club Whisperer Award
For Adding a Richer and Caring
Dimension to the Key Club

**Unable to attend
Ron & Debi Doble**
Putting Your Best Foot Forward
Award for Making the Fitch Mt.
Footrace a Singular Success



**Fab 4 – Copresidents Loretta,
Dick, Jan & Susan**

2019 Safety Fair Photos



The fair grounds



Free bike repair



Free books



Liz fitting helmets



A ride in a CHP car



Corazon community outreach



Susan demonstrating helmet safety



Free flu shots



Free taco lunch by Agave



The Bike Rodeo



Firefighter and Kiwanian Eric Smith demonstrates how to use a fire hose



OKTOBERFEST
FREE EVENT

Co-Sponsored by the Kiwanis Club of Cloverdale
and Courtney's Pumpkin Patch

SATURDAY, OCTOBER 5TH
12-7PM - CLOVERDALE PLAZA
GERMAN FOOD

ADULT MEAL - \$12 IN ADVANCE, \$15 DAY OF
10 YEARS & UNDER KIDS MEAL - \$5
Served 12-5pm

Adult Meal: Bratwurst, Sauerkraut, Potato Salad, Dessert
Kids Meal: Hot Dog, Chips, Drink
Meals Include Beverage - Water, Soda, Beer or Wine

PURCHASE MEAL TICKETS AT
MAIL CENTER ETC.,
FROM ANY KIWANIS MEMBER OR AT THE EVENT

 **~ BEER SPONSOR**
KELLEY AND YOUNG ~ WINE SPONSOR

LIVE MUSIC
BY SHOWCASE BAND
GERMAN MUSIC, VENDORS,
CARTOON ARTIST AND A LOT MORE!

Proceeds benefit the Courtney Jade Davis Memorial Scholarship Fund and the Kiwanis Club of Cloverdale Administrative Funds

Save the date

Nov. 9: Pancakes for Corazon Healdsburg, 9 am, at the Community center.

Nov. 10: Hall of Fame

HEALDSBURG KIWANIS CLUB
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