



August 2023

Volume 99 No. 11

Welcome Ginni Ruppel



**New member Ginni Ruppel,
Membership chair Loretta Strong, sponsor Darlene Prigmore**

Ginni is no stranger. Since Darlene introduced her as a guest at a meeting early this year, Ginni has attended many meetings and has helped out at most of our 2023 events. Ginni became a widow four years ago and went through some rough times, but that is behind her, and she is now back and was looking for something to do with herself. So, her friend Darlene said WHY NOT join Kiwanis?

In Loving Memory



Diane Norgrove Pierce

1943-2023

Club Member 2017-2023
Also member of Santa Rosa Club
"A kind and friendly person who met people with open arms and she made those around her feel right at home."

Celebration of life, August 5 at 1pm,
Church of the Roses,
2400 Patio Court, Santa Rosa

Regular Tuesday meetings at the Villa Annex unless noted otherwise.

Meeting Dates:

Aug 1: Regular Meeting at 12 noon, Kathryn Hecht, Alexander Valley Film Festival – The new Plaza Cinema Center.

Aug 8: Kiwanis sponsored Tuesday night music in the Plaza – Danny Click & the Hell Yeahs!

Aug 15: Regular Meeting at 12 noon, Program TBD.

Aug 17: Board Meeting, Round Table Pizza.

Aug 22: Regular Meeting at 12 noon, Program TBD.

Aug 26: Brandt's Beach BBQ. (in lieu of Tuesday Night meeting)

Aug 29: No Meeting,

Save the Date

Sep 30: Denny's deinstallation party. 3 pm - ??

The Healdsburg Kiwanis Club meets Tuesday noon except the fourth Tuesday of the month is an evening meeting, 6:30PM Social, 7:00 PM Meeting.

For information about the Healdsburg Kiwanis Club Contact President Dennis Stead (433-6503) or Secretary Nancy Arsenault (949-257-6739).

**Kiwanis ----- Serving the
Children of the world®**

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Healdsburg Kiwanis Club
P. O. Box 1156
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www.healdsburgkiwanis.org

OFFICERS 2022-2023

President – Dennis Stead
President Elect – Eric Smith
Secretary - Nancy Arsenault
Admin. Treasurer- Richard Bugarske
Project Treasurer - Ron Doble
Past President – Richard Yates

Board of Directors

<u>One Year Term</u>	<u>Two Year Term</u>
Hunt Conrad	Joanne Kolinski
Barbara Erickson	Liz Bippart
Susan Sheehy	Brian Wells
Darlene Prigmore	Diane Pierce

**Memorial Scholarship
Board of Directors**

Dan Maraviglia, Chair
John (Jack) Brandt Randy Collins
Ron Doble Guy French
Vern Loch Dennis Stead

The Builder

Harry Jackson, Editor

Happy Birthday

Ron Doble – August 3
Judith Everett – August 4
James Lucchesi – August 4
Susan Sheehy – August 17

Kiwanis Anniversaries

Congratulations to the following
members who joined the Kiwanis Club
during the month of August:

Diana Blakeley – 8-6-13
Jason Boaz – 8-9-16
Barbara Erickson – 8-14-18
Lockie Gillies - 8-28-12 (5-14-02)

The President’s Message

August, already!! What happened to July? It was here a minute ago.

EAT, DRINK, DANCE to Danny Click and the Hell Yeahs. It all happens next Tuesday (8/8 at 5 PM) in the Plaza. It is "Kiwanis Night"! We are the sponsor. Look for our big pop up.

Following Kiwanis Night, we get ready for the Brandt's Beach Steak and Corn BBQ. August 26th at 5 PM. It is a fun night with Geyserville, Healdsburg and Cloverdale competing in the Corn hole Championship playoffs. I want to remind everyone that we would appreciate live and silent auction items to auction off to raise Scholarship Funds. Contact Denny.

Save the date, September 30th, at 3 PM at Denny's house. A party atmosphere will surround the installation of new officers and the dethroning of President Denny. There will be lots of food and a full band. Details to follow.

Enjoy the warm weather.

Denny

Steak and Corn

Several Healdsburg Kiwanians attended the Geyserville Kiwanis Steak and Corn Feed at the Vineyard Club on July 27. It is always a beautiful setting, and the food couldn't be any better! Photos by Susan.



Board of Directors Meeting

Summarized from minutes by Nancy Arsenault

The following is a summary of actions taken and items discussed during the June 2023 Board meeting:

Administration Management

Financials

- The Administrative Treasurer's Report was approved. Total Administrative fund assets are \$48,701 allocated as follows:
 - Admin Fund, \$43,218
 - Admin Fund Reserve \$5,000
 - The Charity Fund: \$483

Admin Business and Service

The following 2023/24 Healdsburg Kiwanis Club slate of offices were approved.

Co-presidents

- Loretta Strong (Q1)
- Richard Bugarske (Q2)
- Susan Sheehy (Q3)
- DBD (Q4)

President Elect - Open

Secretary - Liz Bippart

Admin. Treasurer- Richard Bugarske*

Project Treasurer - Ron Doblely*

Past President –Dennis Stead

Board of Directors

Two Year Term

Jan Gianni

Barbara Erickson*

Susan Sheehy*

Darlene Prigmore*

* Continuing

One Year Term

Joanne Kolinski*

DBD

Brian Wells*

Debby Dormire

- The following disbursements from the admin fund were approved:

- Drew Esquivel Memorial Scholarship Golf Tournament - \$150
- HHS Athletic Booster Club - \$250.
- Lucy Lewand - \$500 reimbursement for the photographer at our St. Patrick's Day event and at the Pancake Breakfast. These photos were used on our website and for presentations to our club.
- Moved \$4,000 from Admin. to the Scholarship Fund.

Healdsburg Kiwanis Foundation

Grants/Donations/Requests

- None in July.

Financials

- The Foundation Financial Report was approved. Total Foundation assets are \$81,758 allocate as shown below:

Account Balances Reserves

Permanently Restricted

Children's Fund Endowment \$37,831

Total Permanently Restricted \$37,831

Temporarily Restricted

One Year Reserve, 15k per year \$15,000

Vocational Scholarship \$1,370

Dormire Scholarship \$3,548

Jordan Strong Memorial \$5,070

Total Temporary Restricted \$24,988

Unrestricted Funds Available

\$18,939

Total Assets

\$81,758

President's Update:

- Kiwanis Annual Hot Dog Picnic Dinner at the Senior Center- Monday, July 24 at 5 pm. Judy Everett volunteered to make 50 cupcakes. We will ask Patti if she needs help with cooking (Joanne, Brian) and serving (Liz, Nancy).
- Social Night Meeting: Tuesday Night in the Plaza- Our August 8th evening social will be located at the plaza as we host the music for the evening. We will need food, banners, signs, tables, chairs, and maybe potluck snacks and appetizers. Liz, Rowdy, Susan, Joanne, Judy, and Brian will all be involved with this event. Susan will be in charge of handing out one year booklets and fans. Postcards will be mailed to the members to celebrate the evening with current Kiwanis members. We need to be there 12 noon to establish our territory. The club is providing beer and wine.

- Geyserville Annual Steak and Corn Feed- Thursday, July 27th. Please RSVP to Susan Sheehy if interested in attending. It is \$50/person.
- Brandt's Beach BBQ- We will need a committee to organize the BBQ on August 26th at Brandt's Beach. We need auction items.
- Social Night Meeting: Pool Party for Installation/Deinstallation- On September 30th the installation of the new president and the deinstallation of the current one will be at Denny Stead's home. We will need a committee to help with this event.

Meetings

Jul 11: Lucy Lewand presents a "Happy for no reason" workshop.

Lucy is currently in the process of becoming a *Happy For No Reason Certified Trainer*. She presented and practiced one small part of her workshop with us. We became Guinea pigs and walked out with some happiness tips to apply immediately!



There are two types of behaviors that we talk about in Happy for No Reason. One is victim behavior, and one is victor behavior. There are three main signs of being a victim, which are:

1. Blaming other people for your unhappiness or for what they're doing,
2. Shaming—which is blaming yourself,
3. Complaining about everything.

Any time you find yourself in those three behaviors, you know that you're also in victim behavior.

The Blame, Shame, and Complain Game is a way to bring awareness to any patterns of victim behavior that show up through blaming, shaming, or complaining. This can be a great exercise to give as homework.

For a week, any time that you (or anyone else playing the game) blames, shames, or complains, they have to put a dollar in the bowl. (Or, you can choose any amount that people have to put into the bowl, like quarters.) You can invite your family members or co-workers to play with you, or you can do it with yourself. At the end of the week,

you take all of the money in the bowl and donate it somewhere.

Lucy suggested that we play this game during the week and bring the money next week.

Jul 18: Evening meeting - Kiwanis Night at the Prune Packers.

An enthusiastic group of 18 Kiwanians along with family members and guests enjoyed Kiwanis Night at the Prune Packers. Our esteemed president threw out the first pitch as the home team took on the Solano Mudcats. It was a good night for hitters but not so much for pitchers as the Prune Packers lost to the Mudcats 7-13.

Photos on following page.

Jul 25: Build, retain and support a growing Healdsburg Kiwanis Club for the next 100 years.

Dick started the conversation with a short slide presentation about the present challenges we are facing. Our membership has shrunk to the point that we no longer have committees to run our various events. There is a single committee for all events, and we are all members of that committee. Here is Dick's slide that sums it up:

We are an incredible club. We have many great fundraisers. We give out dozens of scholarships to deserving students. We honor students of the month and graduating Key Clubbers. We provide dictionaries to 3rd graders in local schools. We volunteer at the Food Bank and help with the Food Pantry. We help clean up Fos Creek and provide safety fairs for all. We give out funds to dozens of worthy local programs.

However:

We are getting older. Our Club is not growing but instead shrinking. There is a growing concern that changes will be needed to make sure our Club can survive not only for 100 more years but even to the end of this decade Every journey begins with a first step! So...

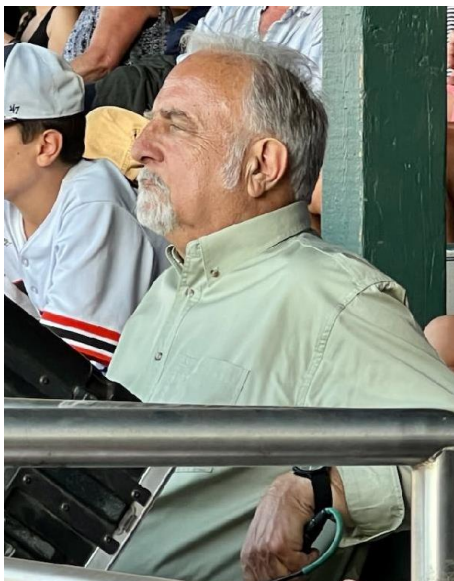
There was a lively discussion of steps that could be taken with few immediate decisions, but much to think about.

Loretta suggested a membership drive starting with an ad in the local paper similar to the one that appeared during Loretta's first term as president. The membership responded positively and Loretta will follow up with the help of a committee.

Kiwanis Night at the Prune Packers



Denny was afraid he would make a fool of himself, but he bounced it up to the plate, conking a gopher on the first bounce



Dick Bugarske, the Voice of Healdsburg, Game Announcer



The Builder - - KIWANIS CLUB OF HEALDSBURG

Hotdogs for Seniors



Happy/Sad\$\$

Bob Santucci happy that he attended Scout's July 4th pancake breakfast in his scout uniform.

Jan Gianni happy she and Dan celebrated their 41st anniversary. They celebrated and made up for their bad news trip earlier this year with a railroad trip through the Colorado Rockies.

Anna Grant happy to thank everyone for supporting the senior Hotdog Dinner.

Debby Dormire happy for attending the Prune Packer game. Happy to note that Roger was responsible for getting Kiwanis involved in senior Hotdog Night several years ago.

Loretta Strong happy she and Jerry celebrated their 42nd anniversary.

Nancy Arsenault happy that Sara is 10 weeks pregnant. Nancy is giving up secretary duties to be available to help out while Sara's husband is deployed,

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