60th annual Healdsburg Kiwanis Pancake Breakfast

The 60th annual Healdsburg Kiwanis Pancake Breakfast was held on Palm Sunday, March 20 at the Villa Chanticleer. An estimated 600 to 700 hungry people enjoyed all-you-can-eat pancakes with real maple syrup, sausage, scrambled eggs, juice and coffee. This year 3 Kiwanis supporters and former members were honored with Certificates of Recognition.

Mary Brandt - The Brandt family have been long time Kiwanis supporters. The Certificate of Recognition honored Mary for attending all 60 of the Kiwanis Pancake Breakfasts.

60 x ? = A lot of pancakes!
Shown with son Jack, a former Kiwanis president.

Carl Else – A Kiwanis member for over 25 years. Carl and Mary Jean recently moved to Santa Rosa to be near family, but stay in touch. Carl is remembered for leading us in a patriotic song at the beginning of our meetings. The occasion also marked his 91st birthday. Shown with Carl are President Susan Sheehy VP Randy Collins and some of his grandchildren.

Erle Cook – Another long-time member of Kiwanis. He owned the 76 gas Station on Healdsburg Avenue across from the Bank of America. Shown with his son.

This year’s event chair was vice president Randy Collins, who was assisted by his committee members and a crew of many mixers, cooks and servers working in three shifts. Also pitching in were 14 Key Club members, Boy Scout Troop 21 and men from the Salvation Army ARC. (Continued on Page 2)
The President’s Message

I feel like the Queen Bee watching my busy bees buzzing off in all directions gathering nectar to nourish the hive. Early in the month, Liz Bippart introduced us to Wendy Cilman and the efforts of the Santa Rosa Symphony. Then Neal Bertrand told us about Jazz on the Menu and a whole swarm of you buzzed off to Baci Café to support the Jazz Festival. Doug Price, Scoutmaster of Boy Scout Troup 21, reminded us why our support of the Scouts is so valuable. Next we sent volunteers to help at the Science Fair. Another swarm flew off to support Windsor Kiwanis with their Corned Beef and Cabbage Dinner on the eve of our own Pancake Breakfast. That’s who we are.

During our slack time, we brainstorm for new ways to serve the community we love, our little hive. Rick Anixter, one of our worker bees, brought an ambitious idea to the Board several months ago and the board has approved a new fundraiser, a New Year’s Eve party at the Villa. Stay tuned for the details.

At our Board Meeting we approved a $500 donations to the Key Leader Program, $1200 for buses for Graduation Celebration to get graduates to their party and $2,263 to support mentoring by Public School Success Team (PSST) in our High School. We even helped Roger Dormire bring soccer balls and water spigots to Africa. We need to see those pictures when you get back, Roger.

The whole hive came together to make our 60th Pancake Breakfast a huge success. Thank you Randy for your excellent leadership. And a big thank you to Loretta for taking on the evening meeting so I could enjoy a few days at Disneyland with my grandkids.

Susan

Pancake Breakfast (continued from page 1)

Dick Bugarske chaired the advertising effort assisted by a crew soliciting advertising from local businesses. In addition to ticket sales, the advertising is a major source of income. The crew sold newspaper advertisements appearing in a two page spread in the Healdsburg Tribune to 84 local businesses and other groups or individuals (see page 5). This effort alone is estimated to net over $4000.

The club very much appreciates this enthusiastic public support and members are encouraged to support these local businesses and say thank you. Thanks are also due the Norgrove family, the Bear Republic, Healdsburg McDonalds, Starbucks and Lisa Lin for their food donations.

The pancake breakfast is one of our major fund raisers. Total proceeds from the event are unavailable but are expected to exceed $8000.

More photos on pages 6 & 7.
**Meeting Programs**

**March 1:** Wendy Cilman - Santa Rosa Symphony  
Our March 1 speaker, Wendy Cilman, Director of Education for the Santa Rosa Symphony presented an interesting discussion of the symphony’s music education programs for youth of the community. The Symphony has one of the premier music education programs in California.

The Symphony youth education programs include “Training Young Musicians” and “Music for Our Schools”.

**Training Young Musicians**

The Santa Rosa Symphony Youth Ensembles (SRSYE) offers young musicians an exceptional educational experience by providing the finest quality orchestral training and performance opportunities in Sonoma County. Young musicians develop an awareness and appreciation of great music in the context of learning responsibility and teamwork, while they participate in our community through public performance.

**Music for Our Schools**

The Santa Rosa Symphony provides resources for classroom teachers and local schools which include:

- **Simply Strings**, now in its third year is a five-year program providing hands-on music instruction 2 hours a day, five days a week after school to underserved elementary school students.
- **It’s Elementary** - Four Sonoma County schools annually receive a full range of customized music education.
- **Free Concerts for Youth** - Elementary school students attend one of six live orchestral performances and experience the excitement of the concert hall.
- **Elementary Music Listening Program** - A daily classical music listening kit available to K-6th grade classrooms.
- **In School Performances** - Chamber ensembles of SRS professional musicians perform in area schools, offering students informative and entertaining concerts in an intimate setting.

www.srsymphony.org/

**March 8:** Boy Scout Troop 21 Presentation  
Three members of Boy Scout Troop 21 along with Scout Master Doug Price visited our March 8 meeting. In a very well prepared and informative slide show, Henry, Sam and Jessie gave us a tag team presentation describing their activities for the past year. Scouting activities focus on three areas: adventure, leadership and community service.

**Adventures (partial list):**
- Urban hike in San Francisco – learning to navigate the city.
- Camp Rosenberg “Chillin” campout.
- Winter camping at Bear Valley including skiing, snowboarding and winter adventures.
- Backpacking practice at Mt. Tam, performed service project for park.
- American River rafting.
- Summer camp – one week at Wolfboro in the Sierra.
- Annual 50 miler (which turned out to be 71 miles) on the High Sierra Trail to the top of Mt. Whitney.

**Leadership:**
- Serious cooking at Camp Royanch.
- Flag ceremonies/flag retirement.
- Pomo District Camporee.
- Design and build float for Twilight Parade – won first place in youth division for second year.
- Fund raising – making and selling owl boxes.
- Best Pancake Breakfast in town.
- Advancement and recognition - court of honor.
- Pioneering campout, corps of engineers – building structures.

**Community Service:**
- Manned the Fitch Mountain Foot Race water station.
- Russian River Cleanup.
- Statue cleaning for Memorial Day.
- Volunteered at the Redwood Empire Food Bank.
- Camp Rosenberg stewardship.
- Scout-a-night at the Kiwanis Christmas Tree Lot.

**March 15:** Rich Fuller - Key Leader Program  
At our March 15 meeting, Rich Fuller of Windsor Kiwanis Club spoke passionately about the Key Leader, a Kiwanis International leadership program. Key Leader served students from 6 countries in 2015 - Grand Cayman Island, India, Malaysia, Singapore, Canada (7 provinces) and the United States (39 states).
Rich Fuller describes the Key Leader Program

The Key Leader Program’s mission is to provide “a life-changing experience that inspires young people to achieve their personal best through service leadership.” It teaches what it means to be a youth leader in three different communities: the local, state/national and the global communities. The program serves students from 14 to 17 years of age.

A Key Leader weekend is scheduled on April 22-24 at Alliance Redwoods in Occidental. The 3 day immersion program of classes will explore five Key Principles: Integrity, Respect, Growth, Community and Experience. A professional facilitator, who brings excellent experience working with youth, and has successfully completed a training course on the curriculum, will lead the weekend. Trained adult volunteers will coordinate the logistics and supervision of the youth attendees. About 80 students are expected to attend.

The cost is $250 per student with limited financial assistance available through scholarships. During the Happy Dollar part of the meeting, Jim Schmidt offered a happy $50 provided others would chip in $5 or more to make up a scholarship for one student. The goal was quickly accomplished and more. A Total of $500 was collected, enough for two scholarships.

www.key-leader.org

March 22: Evening Meeting - Key Club

Healdsburg High School Key Club President Diego Garcia was a guest at our March 22 evening meeting. Diego and Dick Bugarske in a slide presentation showed some of the recent club projects and activities and discussed the functioning of the club.

The Key Club was founded in 1924 in Sacramento. Today there are 354 Kiwanis youth organizations including the Key Club, Builders and Kiwanis Kids; compared to 314 adult Kiwanis Clubs.

Key Club President Diego Garcia, with Adviser Dick Bugarske

Mission: “Key Club is an international student-led organization which provides its members with opportunities to provide service, build character and develop leadership.”

Core values: “The core values of Key Club International are leadership, character building, caring and inclusiveness.”

There are currently about 35 members of the HHS Key Club. The members have participated in many public service activities including volunteering for local park maintenance, Foss Creek cleanup, and the Redwood Empire Food Bank. Fourteen Key Clubbers helped out at our pancake breakfast this year. The club also has a number of fund raisers including selling burgers at the FFA fair and the baked goods sale. They recently donated $500 to the Lake County fire victims.

March 29: Don McEnhill - Russian Riverkeeper

Don McEnhill, Executive Director of Russian Riverkeeper in a very informative presentation discussed current conditions of the river and the effects of climate change on the health of the river.

Recent research has shown that the river is extremely vulnerable to changing weather patterns. The source of vulnerability is twofold: - (1) the tributary creeks have been channelized to make more room for buildings and (2) permeable soil surfaces have been replaced with concrete, pavement and rooftops. The hard surfaces cause rainfall to rapidly move, carrying all the pollutants right into our water supply. The river’s width has also been reduced by up to 90% in some reaches and it has been deepened from gravel mining and upstream dams. As the channel deepened, landowners cleared former riparian forests and filled in backwater sloughs and wetlands for farming.
The river system has become a grossly unnatural deep ditch that speeds water into the ocean and is extremely erosive, resulting in banks collapsing in flood events due to too much energy in such a small space. This ensures that little, if any, groundwater recharge occurs.

Don outlined four steps that can be taken to create a Resilient Russian River:

1. Permanently reduce per capita water use on city water or private wells.
2. Invest in groundwater recharge.
3. Invest in reducing pollution levels to protect and preserve more potable water.
4. Increase the width of the river to dramatically improve groundwater recharge.
Welcome

Dee and Neal greet the hungry people

A full house enjoys the spread

The Kitchen Crew

The little old coffee maker Rich Thomas and Don Marshall

Cindi stirs the batter while a Key Clubber adds flour and Brian inspects the mix

Judy, Lt. Joe and Key Clubbers pour and Flip

Liz adds the blueberries Key Clubber Joel Garcia flips

More flippers

Rick and Dan tend the sausage

Rick takes charge of the eggs

The Servers

60th Pancake Breakfast Photos
Key Clubbers
Natalie Bozeman Chiara
Rackerby & Sophie Ammerman

Scout Troop 21

Scout Master Doug Price with
two scouts

Some of the cleanup crew

The scouts pitch in

Join Us for a Healdsburg Community Mixer!

Tuesday, April 26th
6:00-8:30 PM

Kiwanis • Rotary
Sunrise Rotary • Soroptimists
Healdsburg City Council

We’ll provide the wine and ice tea.
Please bring an appetizer to share.

RSVP by April 22 to Susan Sheehy
susansheehy@mac.com
Questions? Call Susan at 707-326-2712

Hosted by Healdsburg Kiwanis
at the Robert Young Estate
4960 Red Winery Road, Geyserville
Happy/Sad

Susan Sheehy happy to report on a fun adventure in the snow with family members including 12 adults and 13 kids.

Patti Robarts happy that her kitchen helper, Juanita gave birth to a son.

Denny Stead sad that his vineyard is heavily diseased and the vines must be removed.

Jim Schmidt, happy about "what just happened here" referring to the enthusiastic response to his effort to raise funds for a Key Leader scholarship.

Dick Bugarske happy that 3 Key Clubbers will be attending the District Convention in Sacramento.

Rick Anixter happy for the helpfulness of the Villa staff in planning for the New Year’s party.

Richard Yates happy he and Louisa recently celebrated their 40th anniversary. Very sad that Louisa is seriously ill incurable cancer. They are determined to make the best of the remaining time they have together. Our thoughts and prayers are with Richard and Louisa during this difficult time.

Lucy Lewand happy to return to dance class following knee surgery.

Postcards

Michael and Bev Laird - Maui

Special Birthdays

Only one member birthday in March.

Dorothy Anixter blows out a fire