



July 2014

Volume 90 No. 10

### Fitch Mountain Foot Race Raises \$\$ for Scholarship Fund



The Runners at the Starting Line

About 220 runners finished the 10k and 3k courses of the 36<sup>th</sup> annual Fitch Mountain Footrace held on June 8. The event went off very well thanks to the effort of event chair David Jones, the event committee members, the many club members needed to monitor each intersection along the race course and Boy Scout Troop 21 members who manned the water stations. Special thanks to the event sponsors (See photo of back of tee shirt below) participating at the \$250 or \$500 level without whom the race could not occur.

The net proceeds were not available at press time but are estimated to be \$5,000 for the Scholarship Fund. The footrace is a major contributor to the Scholarship Fund. In the last 7 years, over \$30,000 has been raised (not including the current earnings).

The fastest racer was Luis Luna, 19 who finished the 10k course with a very respectable 33:09. The fastest woman in the 10k was Alexa Lua, 21 with a time of 41.36. In the 3k race the fastest men and woman finishers were Johnny Ramirez, 14, 10:59 and Susie Gutierrez, 12, 12:14. Congratulations to the last place runner, Gail Jonas, 74, who in spite of a recent hip replacement finished the 10k course in 96:35. Congratulations also to Kiwanis representative, Loretta Strong who placed second in her age group in the 3k run.

More photos on back page.

After 7 years organizing and leading the Fitch Mountain Foot Race effort, David Jones has announced that he is stepping down as event chair and has asked "younger blood" to step forward to lead the charge. David will remain on the committee to advise and help out as needed. The club and the community is very much appreciative of David's hard work and major impact to the Scholarship Fund.



Photo of Back of Tee Shirt Showing Event Sponsors

### Calendar

#### Meeting Dates:

**July 1:** Regular Meeting 12 noon at Villa Annex. Karissa Kruse with the Sonoma County Winegrowers

**July 8:** Regular Meeting 12 noon at Villa Annex. Eric Drew, Ghost Buildings of Healdsburg

**July 15:** Regular Meeting 12 noon at Villa Annex.

**July 17:** Board of Directors meeting, 6 p.m. Round Table Pizza

**July 22:** Evening Meeting 6:30 p.m. social time, 7 p.m. meeting at Villa Annex.

**July 29:** Regular Meeting 12 noon at Villa Annex. Betsy Fischer, Instructor, Coordinator, Culinary, Wine and Hospitality Career Center, SRJC

#### Future Dates:

**Aug. 14-16:** 2014 Kiwanis District Convention – San Diego

**Aug. 23:** Brant's Beach BBQ.

The Healdsburg Kiwanis Club meets Tuesday noon at the Villa Chanticleer Annex except the fourth Tuesday of the month is an evening meeting, 6:30PM Social, 7:00PM Meeting.

For information about the Healdsburg Kiwanis Club Contact Richard Bugarske, President at 433-1771, 540-1237 (cell) or Phil Luks, secretary at 433-8055

**Kiwanis -----Serving the Children of the world**

The official Publication of the  
Healdsburg Kiwanis Club  
Box 1156, Healdsburg, CA 95448

### OFFICERS 2013 – 2014

President, Richard Bugarske  
Co-Presidents Elect, Dan Gianni/  
Jan Gianni  
Phil Luks, Secretary  
Brian Wells, Admin. Treasurer  
David Sharer, Project Treasurer  
Loretta Strong, Immediate Past  
President

### Board of Directors

Dan Gianni  
George Clough  
Jerry Strong  
Mark Zimmerman  
Susan Sheehy  
Judy Everett  
David Sharer  
Steve Jones

### Memorial Scholarship

#### Board of Directors

Dan Mariviglia, Chair  
John (Jack) Brandt  
Hunt Conrad  
Guy French  
Charles Reichel  
Ken Scharer  
Dennis Stead

### The Builder

Harry Jackson, Editor  
Arnold Santucci, Sr. Advisor  
Richard Iverson, Member  
June Smith, Member

### Happy Birthday

George Diebold – July 1  
Harry Jackson – July 1  
Al Peterson – July 1  
John Dayton – July 2  
Chase Conley – July 5  
Michael Laird - July 6  
Tom Rackerby – July 8  
Sean Thomas – July 8  
Todd Brandt – July 10  
Hugo Bauer – July 17  
Dolores Whitehall - July 21

### Kiwanis Anniversaries

Congratulations to the following members  
who joined the Kiwanis Club during the  
month of July

Richard Bugarske - 7-1-03  
George Clough - 7-14-98  
Richard Iverson - 7-15-86  
Edgar Deas - 7-22-86  
Dorothy Colloran 7-23-13  
Rick Anixter 7-23-13

## The President's Message

At our last Board meeting we approved \$500 for the Kiwanis Family House in the Sacramento area and I restated my belief that the Kiwanis Family House is unique in Kiwanis International. That statement gave me pause and I realized that I really had not spent much time understanding the structure of Kiwanis International. So here is a summation of some info from Kiwanis International and Wikipedia.

Kiwanis International is an international, coeducational service club founded in 1915. It is headquartered in Indianapolis and is found in more than 80 nations and geographic areas. Membership in Kiwanis and its family of clubs is over 600,000 members strong. All these folks annually raise more than \$100 million, and our members report over 18 million volunteer hours a year to strengthen communities and serve children.

Kiwanis International is a volunteer-led organization headed by a Board of Trustees consisting of 19 members: 15 trustees, four elected officers, and an executive director. Nine of the trustees are elected from the United States and Pacific Canada Region, one trustee is elected from the Canada & Caribbean Region, two trustees are elected from the European Region, two trustees are elected from the Asia-Pacific Region, and one trustee is elected "at large" from any region other than the United States and Pacific Canada.

The elected officers are a president, vice president, president-elect, and immediate past president. These officers, along with the United States and Pacific Canada Region trustees, are elected at the annual convention of Kiwanis International that is being held this year in Tokyo from July 17-20, 2014. All trustees and officers are unpaid volunteers. The executive director is a full-time employee who is responsible for the organization's paid staff and serves as a non-voting member of the Board.

There are seven regions in Kiwanis: Africa; Asia-Pacific; Canada and Caribbean; Europe; Latin America; Middle East; and United States and Pacific Canada. The United States and Pacific Canada Region incorporates our 50 states as well as British Columbia and the Yukon Territory of Canada.

There are 53 districts in Kiwanis International. Our District is California-Nevada-Hawaii District and each District has governor-elect, governor, and immediate-past governor, secretary, treasurer, and several trustees. The Cal-Nev-Ha District is divided into 47 divisions, and a lieutenant governor heads each division. Finally our Division, Division #32, has 15 Clubs.

Ok, so there you have it. I feel better now.

There will be a quiz.

Happy Summer.

Richard Bugarsky

## Evelyn Iverson

Evelyn Iverson, wife and mother of former Healdsburg Kiwanis presidents, (Waldo and Neil) passed away at age 104 on June 20. Evelyn will be fondly remembered for her many contributions to the community. She was noted for donating 23 gallons of blood in her lifetime. This amount could be even higher, but at age 97, she was forced to give up donating because of a conflict with her medication.

## Board of Directors April Action

The following are actions taken and items discussed during the Board meeting on Thursday June 19, 2014:

The following grant requests and other expenditures were approved:

- Kiwanis Family House at UC Davis Med Center - \$500.
- Safe Schools Ambassadors Program at the Junior High - \$2,000 (the same amount as previous years)
- Prune Packers - \$500 in honor of past Kiwanis' Prune Packers.
- Healdsburg High cross country team - \$200 for reimbursement to those who had paid to run in the Fitch Mountain Foot Race.
- Food Pantry - \$2,066.25 for the purchase of a commercial refrigerator.
- Roger Dormire - \$44.20 for reimbursement for Relay for Life breakfast expenses.

In other action:

- The Administrative and Project Fund financials were presented by the respective treasurers and approved.
- It was noted that the administrative fund finances remained strong because of the contributions from the Brandt's Beach BBQ and the golf tournament, and it was recommended keeping those activities as Admin Fund supporters.
- It was noted that Pancake Breakfast proceeds were down, and discussions will be held with St. John's Church, which had run a competing breakfast. It was also noted that the FFA food booth's proceeds were down, due to garlic fry competition from the Wurst. Discussions with members of the Fair Board are in progress, to try to exclude for-profit food providers from competing with non-profits.

## Club Officers Elected

The following slate of officers for 2014/2015 was elected by acclamation during the June 17 meeting:

President – Dan Gianni/Jan Gianni  
Vice President – Susan Sheehy  
Secretary – Phil Luks\*

Projects Treasurer – David Sharer\*  
Membership Treasurer – Brian Wells\*  
Past President – Richard Bugarske  
\* Continuing

Board of Directors, One Year Term

Steve Jones  
Judy Everett  
Richard Norman\*\*  
Loretta Strong\*\*

\*\* Replacements for Susan Sheehy and David Sharer

Board of Directors, Two Year Term

Debi Dolby  
Andy Smith  
Chase Conley  
George Diebold

## June Programs

### June 3: Rick Phillips, Safe School Ambassadors Founder

Rick Phillips, founder of Safe School Ambassadors passionately described the program and expressed appreciation for our club's support at our June 3 meeting.

There is a moral crisis among youth, mostly due to the negative influence of TV and social media that leads to mean spirited behavior. The Safe School Ambassadors Program has been designed to combat this behavior. An overview of the program from their web site follows:

Far too many students experience a school climate where recreational cruelty is the norm, and bullying is seen as a rite of passage. How can these students learn, grow, and excel when they fear being: teased, insulted, or left out, or harassed, intimidated, or assaulted ... or worse?

Increased supervision, tougher rules, and other "Outside - In" strategies can't solve this problem and make students feel safe. Although the rules made by adults prohibit such behavior, the norms made by students too often encourage it. Changing the norms, the behaviors, and the climate requires students. But not just any students.

- Students with the awareness to notice cruelty and violence.
- Students with the skills to intervene with their friends to prevent or stop it.
- Students with the courage to give voice to their values.

We call them Ambassadors. Safe School Ambassadors.

"And we realized that it's not our job to go and snitch to teachers. It's our job to step in there

and make it better, for our own good, and for the good of our friends ... and even for the kids we don't even know." Rachel Beardsley, Safe School Ambassador, Rancho Cotati High School, California.

Thousands of Safe School Ambassadors are improving the climate of schools coast to coast. What if they were at work on your campus? ... 30-40 pairs of eyes and ears... traveling the halls, lunch area, and yard... noticing pain and intervening before it escalates to rage and revenge.

**June 10: Wells Fargo Center for the Arts**

Speakers at the June 10 meeting were representatives of the Wells Fargo Center for the Arts, Paul Wilcock, Executive Committee First Chair, Alan Seidenfeld, volunteer and Kyle Clausen, Director of Marketing and Communications.

The mission of Wells Fargo Center for the Arts is "to enrich, educate and entertain children and adults of the North Bay through accessible and outstanding presentations of arts, family and entertainment performances, education programs, visual arts and community use of our facility". The Center is ranked among world's top 100 performing arts presenters hosting performances in music, theater, dance, comedy, family programming and renowned speaker events; and serving more than 30,000 children and adults annually through its nationally recognized education programs.



Education programs include music for schools, a musical instrument lending program, Morning Theater for Children, working with teachers to integrate the arts, and a literary program using donated books. Over 10,000 tickets for performances have been given to under privileged children and adults.

**June 17: Dr. Larry Machi – Fulbright Programs Fulbright Scholar for Taiwan University**

Dr. Larry Machi, Fulbright Scholar for Taiwan University was the guest speaker at the June 17 meeting. Dr. Machi gave an overview of the many Fulbright programs and spoke about his participation in the Viet Nam program.



The Fulbright Program is the flagship international educational exchange program sponsored by the U.S. government and is designed to increase mutual understanding between the people of the United States and the people of other countries. The program offers grants to study, teach

and conduct research for U.S. citizens to go abroad and for non-U.S. citizens to come to the United States. The program operates in more than 155 countries worldwide and has provided approximately 310,000 participants with the opportunity to study, teach, or conduct research in each others' countries and exchange ideas.

In Viet Nam the program offers grants for U.S. citizens. Students and young professionals may apply for a grant to pursue independent research in Vietnam, while U.S. scholars may teach or research in Vietnam through Fulbright. In addition, U.S. faculty and professionals may also apply for the Fulbright Specialist Program and U.S. students are eligible for the Fulbright English Teaching Assistant (ETA) Program.

The Fulbright Program offers grants to qualified Vietnamese graduate students to study at the graduate level in the United States. Vietnamese scholars may apply to conduct post-doctoral research at U.S. institutions and are eligible for Fulbright Scholar-in-Residence Grants.

**June 24: Misty Mersich, Sonoma County Regional Climate Protection Authority**

Misty Mersich, a Climate Protection Program Analyst for the Sonoma County Regional Climate Protection Authority was our guest speaker at the June 24 evening meeting.



RCPA coordinates countywide efforts to implement and advocate a broad range of programs and projects to reduce greenhouse gas (GHG) emissions. Included are programs that improve home energy efficiency and coordinate inter-jurisdictional efforts to reduce greenhouse gases in Sonoma County as well as prepare for local climatic changes.

Ms. Mersich's presentation focused on building energy and home upgrades to improve energy efficiency and reduce GHG emissions. The greatest consumers of energy in a home are appliances/electronics/lighting and space heating. Heating/AC duct leakage and air loss through building openings are major culprits in home energy loss. These losses can easily be reduced by duct tape and insulation.

Ms. Mersich's also described "Climate Action 2020" which is a collaborative effort between cities and the County for long-range planning to address climate change.

### Loretta Strong Receives Distinguished Service Award

Loretta Strong was presented the Distinguished Service Award by club president Richard Bugarske at the Governor's Dinner held at the Fountaingrove Inn on June 1. A two term president of our club, Loretta was recognized for her many achievements, notably her money raising efforts for Project Eliminate.



**Loretta Strong  
with Distinguished Service Award Plaque**

### Relay For Life Breakfast

Several hardy club members arose at dawn on June 8 and reported to the high school track to prepare breakfast for Relay for Life participants. A breakfast of pancakes, fruit and coffee was served to about 50 walkers. The breakfast crew, led by head honcho Roger Dormire included Mark Zimmerman, Phil Luks, Dick Bugarske, Vince Ciolino, Liz Bippart, Jim Colgan, and Harry Jackson.



Jim Serves



Vince & Liz Flip

### Raffle Items Requested

Members are urged to look around their garages, closets or other hiding places to find items to donate to the silent auction at the Brandt's Beach BBQ. Live auction items are also needed. Contact Dennis Stead.



**Some Silent Auction Items Collected So Far**  
Snow board (Left), Budweiser overhead light

### Special Birthdays



**The Women Sing a Special Happy Birthday to  
Jim Schmidt and John Bippart**

### \$\$ Happy/Sad \$\$

Susan Sheehy happy for her success in tracing her family roots while visiting Alsace Lorraine.

George Clough happy to be attending his granddaughter's high school graduation in San Jose.

George Dieblod happy to welcome the Oakmont interclub visitors.

Hunt Conrad happy about Dennis Gary's new car.

Herb Lieberman (a Rotary visitor) happy for Kiwanis member's purchase of Duck Dash tickets.

**The Builder - – KIWANIS CLUB OF HEALDSBURG**

**Fitch Mountain Footrace Photos**



**MC Dick Bugarske**



**They're Off**



**First Place Luis Luna 33:09**



**Loretta Strong in the 3K**

**HEALDSBURG KIWANIS CLUB  
P.O. Box 1156  
Healdsburg, CA 95448**

**TO:**