Club Members Enjoy Square Dance Night

Friends of Lucy Lewand, Gary and April Kendall were special guests at the April 22 evening meeting. Gary has been a square dance caller for over 31 years. After the short business meeting, the tables were pushed to the side, Gary set up his equipment and the squares formed. There were enough people to form two squares with a few enthusiastic spectators left over. The inexperienced quickly learned the many square dance moves: promenade, allemande left, do sa do, courtesy turn, right and left grand, right and left star, four ladies chain, etc. The dancers were all quite impressive after some initial confusion.

Calendar

Meeting Dates:

May 13: Regular Meeting 12 noon at Villa Annex. Loretta Strong - Story-tales from the Burg
May 15: Board of Directors meeting, 6 p.m. Round Table Pizza
May 20: Regular Meeting 12 noon at Villa Annex - HHS Student of the Month Program
May 27: Evening Meeting 6:30 p.m. social time, 7 p.m. meeting at Villa Annex. Adriana Stagnaro, Sonoma County Regional Climate Protection Authority

Other May Dates:

May 22: FFA Parade
May 22-24: FFA Fair

Future Dates:

June 1: Kiwanis Governor’s Visit, Location TBD.
June 8: Fitch Mt. Foot Race
Aug. ?: Mid Year Convention in San Diego

The Healdsburg Kiwanis Club meets Tuesday noon at the Villa Chanticleer Annex except the fourth Tuesday of the month is an evening meeting, 6:30PM Social, 7:00PM Meeting.

For information about the Healdsburg Kiwanis Club Contact Richard Bugarske, President at 433-1771, 540-1237 (cell) or Phil Luks, secretary at 433-8055

Kiwani ---- Serving the Children of the world
The President’s Message

Why Kiwanis?

Why I am a Kiwanian is a question that finds its way into conversations all the time when I am with friends or out and about. What does it mean, what do we do, why am I a member? Depending who I am talking to, the answer takes a few different paths and examples, but always ends up with talking about how we impact the young people in our community. At yesterday’s meeting, our speaker Bette Perez, HEF’s Executive Director responded about the value and importance of giving out dictionaries to all the local 3rd graders and it is gratifying to get confirmation of that fact. It was clear that Denny Stead, our dictionary impresario, felt just as strongly about our endeavor and hearing that conviction in Denny’s voice spoke volumes about our values as people and as a Club. Giving back to the next generation is the guiding principle of our Club and seeing so many of us working all our events and then giving back the fruits of that labor remains quite remarkable.

Taking for Granted!

I have the great privilege of working with our Key Club this year and sometimes I realize how much I take for granted in my daily jog through life. Last Sunday was the first of two Key Club officer-training days for Division 32 Key Clubbers. The training took place at the Windsor Senior Center and was facilitated by Rich Fuller of Windsor and coordinated by Sue Cummins of the Cloverdale Club. Sue is our Key Club Regional Coordinator and one could say she is one of the top Coordinators in the nation. I had two HHS officers join me at the Center: one was dropped off and the other had his parents drop him off. There were about 25 students from area high schools attending and the outgoing Key Club Lt. Gov., Trica Tran and incoming Lt. Gov., Dallas Phillips ran the meeting. This training was about the District responsibilities of our officers and Sue requested that each student bring their laptop to the training. Prior to the meeting, I asked my two officers if they had laptops to bring and each said no. They said that their families just had one older desktop computer that the whole family used. Of course many of us were able to bring laptops for all the students and the training was fast-paced and surprisingly complex but both of our students did well and were clear on the process. (Being an international organization, much data flows upward through Clubs to Divisions and upward. Key Clubs that send their information forward also can receive many different forms of recognition. The data is about hours and types of service and numbers of participants. Also a key component is how much the Key Club and Kiwanis Club work together.)

But, back to taking things for granted. When I initially asked each officer to bring their laptop, I assumed that they each had one of their own. Hearing the opposite was reinforced yesterday by Bette Perez in her response to Roger Dormire’s question about the ability of Healdsburg students to take home laptops that are becoming a normal part of the school classroom. She noted that close to 30% our students still don’t even have a computer in their homes let alone a laptop and that in the near future, the schools are looking at ways to allow students to take these tools home as needed.

So why a Kiwanian? We don’t take things for granted with our young people. Through dictionaries, computers, books, or scholarships to name a few, we continue to support our local young people as a Club and this always makes my response to the question, very easy to answer.

Richard Bugarske
Board of Directors April Action

The following are actions taken and items discussed during the Board meeting on Thursday April 17, 2014:

The following grant requests and other expenditures were approved:

- Cloverdale Kiwanis Club Mother’s Day Pancake Breakfast advertisement - $100 approved.
- Santa Rosa Kiwanis Club All-Star Games Programs - $100 total for the support of 3 games.
- Loretta Strong requested an increase the Project Fund Scholarship from $10,000 to $13,000. The Scholarship Committee has committed to giving $7,000 this year the Board approved a maximum of 8,000 for a total of $15,000.
- David Jones for food for K-1 Day – reimbursement of $33 was approved.

In other action:

The board discussed a “Club Sponsor” of Kiwanis House - $500 initial fee and $100 dues. The item was tabled and will be brought to the next lunch meeting for member discussion.

A donation of $200 for the Healdsburg Kiwanis Tree Lot was received from the Geyserville Kiwanis Club.

The Board discussed the possibility of establishing a corporate membership. David Scharer reported that a Rotary Corporate Membership costs $1K. A total of four employees can rotate into the meetings. The membership committee will meet to discuss the issue and other membership items as well.

April Programs

April 1 – Richard Norgrove - Craft Brewing and the Bear Republic.

Fellow Kiwanian Richard Norgrove of Bear Republic Brewing Company brought a sizeable amount of his product to the April 1 meeting for the members to enjoy. He also gave a very informative talk about the brewing process, highlighting hop growing, harvesting and processing. Many years ago Healdsburg was a major hop growing region, but the process became cost prohibitive and most hops are now grown in the Yakima Valley, Washington. The process is labor intensive and requires a large amount of water.

Beer, at a glance, is very simple. Water, hops, malt, yeast. And more hops! At Bear Republic, hops take center stage. But, it’s not just about being a hop head. It’s about understanding how hops work to make a beer special. Oils. Lupulin. Terroir. Every one of Bear Republic’s beers begins with a recipe, quality ingredients and hand-selected hops.

Brews of Bear Republic have earned top honors in the American brewing industry. Racer 5 IPA® is one of the most award-winning beers in the USA. In 2006, Bear Republic won the Small Brewing Company and Brewmaster of the Year from the Great American Beer Festival®.

The brewing process produces about 5000 pounds of spent grain per day which is sold for cattle feed, a benefit to both the brewing and cattle raising businesses. Recent rule changes being considered by the FDA could have an unintended consequence of making this practice cost prohibitive.

Apr. 8 - Gary Johnson and the Healdsburg Junior High Jazz Band

A concert by the Healdsburg Junior High School Jazz Band under the direction of band teacher, Gary Johnson was a special treat for the April 8 meeting. The band consisting of nine promising young musicians played a set of a variety of jazz favorites in a half hour program. Composers’ works included Herbie Mann, Cannonball Adderly, and other well-known jazz figures and the Band’s own composition, “4th period Blues”. The program concluded with the old favorite “Take the ‘A’ Train” by Billy Strayhorn, the signature tune of the Duke Ellington orchestra.

See Page 6 for photograph.

Apr 15 - Gabriella Ambrosi - The Emerging Role of Caregivers in the Continuum of Care.

Gabriella Ambrosi of Sequoia Senior Solutions gave an interesting presentation at the
April 15 meeting about care givers and home care. She spoke about the importance of the “Continuum of care which consists of the interconnection between doctors – hospital – rehabilitation – home care. Home care is one of the most important components. It allows:

- Ability to stay home longer
- More personal and individualized care
- A more active lifestyle
- More control over their lives
- Easier maintained attachments with friends and family
- Less expensive: often, seniors can remain in their own home with just a few hours of help.

Advantages for families of seniors:

- No longer need worry about cooking, cleaning and other daily chores.
- No worrying about the safety of their elderly loved one.
- Less stress, less guilt, more quality time all add up to a better relationship.
- Less Financial Burden

**Lakeport**

Susan Sheehy, Bob Santucci, Neal Bertrand and Dee Whitehall were interclub visitors at Lakeport on the evening of April 16. The Lakeport club has adopted a one evening meeting a month format similar to Healdsburg.

**Interclub Visits Completed**

Lakeport*  Oakmont*
Willits  Ukiah
Petaluma  Cloverdale
Geyserville  Windsor
San Francisco

**K One Day**

See Page 1

**Apr. 29 - Bette Perez - Exec. Director of Healdsburg Education Foundation.**

Bette Perez, who recently replaced Pamela Swan as executive director of the Healdsburg Education Foundation (HEF) was the guest speaker at the April 29 meeting. Ms. Perez expressed appreciation for past Kiwanis support and noted that our club has contributed about $70,000 since 2007 in support of various HEF projects such as the lap top computer program, CASA and several others. This figure does not contain this year’s $5,000 matching grant toward the purchase of Chromebooks for Healdsburg Junior High.

So far this year, HEF has raised over $640,000 for the Healdsburg schools, with a goal of $1,000,000.

**Two Interclub Visits Completed in April**

Oakmont

John Bippart, Liz Bippart, Dee Whitehall and Bob Santucci visited the Oakmont club meeting on April 3.

**K One Day Work Crew – Members of Boy Scout Troop 21, Key Club and Healdsburg Kiwanis**

K One day took place on the morning of April 5 with members of Kiwanis, Key Club and Boy Scout Troop 21 working to complete Phase 2 of the development of a new pocket park at the corner of Fitch and Mason Streets. Several cubic yards of wood chips were spread by Kiwanis and key club members while the Scouts of Troop 21 under the direction of Eagle Scout candidate Cutler Price dug post holes for the perimeter barrier. Upon completion of the work, the crew adjourned to the back yard of the second oldest house in Healdsburg owned by Kiwanian David Jones for a hot dog barbeque.

Phase 3 will consist of assembling and anchoring the tables, chairs and bike rack by the Scouts upon their arrival in May and June.

**LeRoy Wins Lotto**

LeRoy Speck pulled the winning red checker and split the $154 jackpot with the Admin. Fund at the April 3 meeting.
58th Annual Pancake Breakfast

The 58th annual Healdsburg Kiwanis Pancake Breakfast was held on Palm Sunday, April 13 at the Villa Chanticleer. An estimated 600 hungry people enjoyed all-you-can-eat pancakes, sausage, scrambled eggs, juice and coffee.

This year’s event co-chairs were Jan and Dan Gianni who were assisted by the committee members and a crew of many mixers, cooks and servers. Dick Bugarske chaired the advertising effort assisted by a crew soliciting advertising from local businesses. In addition to ticket sales, the advertising is a major source of income. The crew sold newspaper advertisements appearing in the Healdsburg Tribune to 92 local businesses and other groups or individuals. The club very much appreciates this enthusiastic public support.

The pancake breakfast is one of our major fund raisers. Proceeds from the event are unavailable but will be included in next month’s newsletter.
$\$ \text{Happy/Sad} \$\$

Roger Dormire sad to be the “Old Guy” of the ski trip since Jerry and Jim were absent.

Dee Whitehall happy that her baby celebrated his 50th birthday and is retiring from the fire department.

LeRoy Speck happy to see a brown river.

Richard Norgrove happy that Racer 5 is now available on Disney cruises.

Many happy dollars for the excellent jazz concert,